

## 2024 Annual Report

Inspire, Empower, Transform: Turning Substance Use into Recovery

Issued: July 14, 2025

## Vision

Little Creek Recovery sees a reality where all people with Substance Use Disorder (SUD) can recover in a safe, supportive, clean, healing, client-centered environment. We seek to educate and inspire our clients and their families so that they come to believe that those with SUD can lead lives to their full potential. In addition to our clients, we are committed to providing families with a strong foundation for healing.

## Mission

At Little Creek, we seek to inspire our clients to live meaningful and productive lives. We believe in empowering our clients to utilize their skills and strengths, to realize their passions in pursuit of their individual goals. We seek to help our clients transform from the depths of their addiction into the beautiful freedom of recovery.

## Dear Little Creek Recovery Family,

Writing this annual report allows me the opportunity to reflect on the previous year and appreciate the growth and accomplishments we have enjoyed as a team. I value being able to take a step back from the day-to-day, and admire the differences we have made in our client's lives, their families' lives, and our community. This year, the Little Creek team has enjoyed many successes and navigated obstacles. Proving once again that no obstacle will prevent us from achieving our goals and providing the quality care that our clients deserve. The foundation of Little Creek Recovery is stronger than ever, and I would like to highlight some of our successes.

- In 2024, our Little Creek Outpatient operation took on expanded space in our building, allowing for future expansion of GOP, IOP, and PHP treatment services for the men and women of Wayne County. With the Recovery to Work project in full swing in Wayne County, we anticipate the opening of a licensed female recovery house in late 2025/early 2026 which will increase the amount of individuals we can serve in Wayne County at our Outpatient office.
- The additions of a full-time Case Manager and a full time Clinical Liaison to our staff at both LCL and LCOS, have allowed our Counselors to spend more one-on-one clinical time with their clients and families. Additionally, the incorporation of case management groups at both the residential and PHP levels of care, allow for structured and supervised time for our clientele to work on various work, financial, legal, and independent living needs. This addition allows us to meet the needs of a population that continues to have more and more basic living needs when they enter the treatment realm.
- Little Creek Lodge continues to offer daily nursing care. This allows for continued medical oversight while providing more opportunities for the client to be educated on their medication regimens and medical issues. We believe education that encompasses all aspects of what a client may be going through medically provides a better opportunity for success in recovery. With the retirement of our Medical Director, Dr. Patrick Pugliese, we welcomed Dr. Kurt Braun who comes to us with many years of experience working in substance use disorder treatment. Additionally, we brough on a Board Certified Psychiatric Mental Health Nurse Practitioner in Matt Ottinger, who provides psychiatric care on-site.

The list of successes is lengthy, but I feel these are our biggest highlights. We continue to improve our program and make sure we are progressive within our thinking and implementation of policies and procedures. With the forever changing landscape that substance abuse treatment exists in, we want to

make sure we are always willing to adapt. With our enthusiasm to progress, we continue to offer the best possible treatment and resources to those we pledge our allegiance to help. With our team's willingness to grow, Little Creek continues to be a premier provider in the northeast.

Moving forward, we are looking to broaden the reach we have in order to help those who struggle with SUD in our local community by continuing to increase the number of individuals we serve at the PHP and IOP levels of care. Our goal continues to extend to the underserved female population who all too often don't have the necessary recovery resources. To that end, we are always in consideration for expanding services in Wayne County to meet the needs of the underserved female population.

Little Creek will always remain devoted in our quest for continued improvement and progression. We are committed to being the preeminent treatment facility in the northeast, providing the highest quality care for those suffering with substance abuse disorder. We thank all our clients and their families for entrusting us with your care and value our relationships with them, our partners, and community stakeholders. Let's continue to make a difference in 2025!

Warmest regards,

Muly Katie McKendry, MS, LPC, CCS

Project Director