



# Little Creek

RECOVERY

## 2022 Annual Report

*Inspire, Empower, Transform: Turning Substance Use into Recovery*

Issued: July 10, 2023

## **Vision**

Little Creek Recovery sees a reality where all people with Substance Use Disorder (SUD) can recover in a safe, supportive, clean, healing, client-centered environment. We seek to educate and inspire our clients and their families so that they come to believe that those with SUD can lead lives to their full potential. In addition to our clients, we are committed to providing families with a strong foundation for healing.

## **Mission**

At Little Creek, we seek to inspire our clients to live meaningful and productive lives. We believe in empowering our clients to utilize their skills and strengths, to realize their passions in pursuit of their individual goals. We seek to help our clients transform from the depths of their addiction into the beautiful freedom of recovery.

*Dear Little Creek Recovery Family,*

Writing this annual report allows me the opportunity to reflect on the previous year and appreciate the growth and accomplishments we have enjoyed as a team. I value being able to take a step back from the day-to-day, and admire the differences we have made in our client's lives, their families lives, and our community. This year, the Little Creek team has enjoyed many successes and navigated obstacles. Proving once again that no obstacle will prevent us from achieving our goals and providing the quality care that our clients deserve. The foundation of Little Creek Recovery is stronger than ever, and I would like to highlight some of our successes.

- In 2021, our Little Creek Outpatient operation transitioned into a space that is about double the size of where we had been for 6 years. Our Outpatient team has done an incredible job managing this growth as we continue to provide high quality care for our clients and the community. Our outpatient services have been able to provide care for more clients at the PHP level of care, helping build a stronger foundation for those struggling with SUD. Our evening IOP and IOP 5x schedules continue to provide more flexibility for those seeking help in our community.
- We have added a full time Clinical Liaison to our staff at both LCL and LCOS. This addition allows us to treat more clients who are in need. Our Clinical Liaison is responsible for working seamlessly with our admissions, business development and clinical teams to make the transition into treatment flawless. This addition allows intakes to be seen sooner for their initial intake resulting in the client being able to assimilate into programming faster. This position also allows for the information that is gathered by the admissions team to be filtered down to the clinical teams resulting in the team being better equipped to help find solutions for our clients immediately upon entering treatment.
- Little Creek Lodge continues to offer daily nursing care. This allows for continued medical oversight while providing more opportunities for the client to be educated on their medication regimens and medical issues. We believe education that encompasses all aspects of what a client may be going through medically provides a better opportunity for success in recovery. Our Medical Director, Dr. Pugliese, and the rest of our nursing staff provides exceptional medical care to our clients and provides comprehensive, quality care that we feel is essential to the client's treatment experience.

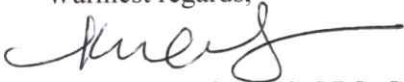
- Finally, we are in the process of obtaining recovery house licensure for our structured sober living house, Shane's House. In the pursuit of providing the best quality care for our community we feel it is important to standardize our treatment facilities. Licensure of Shane's House will provide peace of mind to clients, families and community that we are meeting staff training requirements, department policies and state regulations.

The list of successes is lengthy, but I feel these are our biggest highlights. We continue to improve our program and make sure we are progressive within our thinking and implementation of policies and procedures. With the forever changing landscape that substance abuse treatment exists in, we want to make sure we are always willing to adapt. With our enthusiasm to progress, we continue to offer the best possible treatment and resources to those we pledge our allegiance to help. With our team's willingness to grow, Little Creek continues to be a premier provider in the northeast.

Moving forward, we are looking to broaden the reach we have in order to help those who struggle with SUD in our local community by continuing to increase the number of individuals we serve at the PHP and IOP levels of care. Our goal continues to extend to the underserved female population who all too often don't have the necessary recovery resources. To that end, we are always in consideration for expanding services in Wayne County to meet the needs of the underserved female population.

Little Creek will always remain devoted in our quest for continued improvement and progression. We are committed to being the preeminent treatment facility in the northeast, providing the highest quality care for those suffering with substance abuse disorder. We thank all our clients and their families for entrusting us with your care and value our relationships with them, our partners, and community stakeholders. Let's continue to make a difference in 2023!

Warmest regards,



Katie McKendry, MS, LPC, CCS  
Project Director